

Contacts & Numbers - Quick Reference Guide:



NARFE Headquarters

Retirement & Benefits: (800) 627-3394

Email: retbenefits@narfe.org

Recruitment & Retention: (800) 627-3394

Email: rr@narfe.org

Member Records: (800) 456-8410

Email: memberrecords@narfe.org

Legislative Hotline: (877) 217-8234

Benefeds (*FEDVIP Dental & Vision*):
(877) 888-3337

Federal Employees Group Life Insurance
(*FEGLI*):
(888) 767-6738 (*OPM*)
TTY: (800) 878-5707

Federal Employees Health Benefits
(*FEHB*):
(888) 767-6738 (*OPM*)
TTY: (800) 878-5707

Federal Long Term Care Insurance
Program (*FLTCIP*):
(800) 582-3337

IRS:
(800) 829-1040

Medicare:
800-MEDICARE (800) 633-4227
TTY (877) 486-2048

New York State and Local Retirement
System:
Toll free: (866) 805-0990
Albany area: (518) 474-7736

**Office of Personnel Managements
(*OPM Retirement Operations Center*):
(888) 767-6738
TTY: (800) 878-5707
Email: retire@opm.gov**
(*OPM - to report the death of an annuitant
or spouse use the same contacts as above*)

Office of Workers' Compensation
(*OWCP*) (Federal):
(866) 692-7487

Railroad Retirement Board:
(877) 772-5772

Social Security:
(800) 772-1213

Thrift Savings Plan:
(877) 968-3778

Tricare for Life (*North*):
(877) 874-2273
(866) 773-0404

Veterans Administration:
(800) 827-1000